



## Jen Kish

From Edmonton, Alberta, Jen Kish's legacy makes her one of Canada's most decorated rugby players. Kish captained Canada's Women's Sevens Team to a bronze medal at the 2016 Olympic Games in Rio de Janeiro, the inaugural Olympic rugby sevens tournament.

Kish began playing rugby at the age of 16 before quickly making the jump to Canada's U19 Women's Team, captaining that squad in 2006-07. Much of her career was spent playing sevens, but Kish also earned 18 caps with Canada's Women's Rugby Team and represented Canada at the 2010 Rugby World Cup.

Over her career, Kish made a total of 134 appearances in the World Rugby Sevens Series from 2013 to 2018, scoring 34 tries for 170 points. From 2013 to 2016, Canada's Women's Sevens Team finished third in the World Sevens Series standings three times, except in 2015 when they finished second. In addition to leading Canada to Olympic bronze in 2016, Kish captained the sevens squads who earned a silver medal at the 2013 Rugby World Cup Sevens and a gold medal at the 2015 Pan American Games.

Kish was also nominated for the World Rugby 7s Player of the Year award in 2013, along with being recognized as Canada's 7s player of the year in both 2012 and 2013. Kish was also named to the Canadian Women & Sport's list of "Most Influential Women" in 2016.

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