



2022 MEDICAL ASSESSMENT LETTER

ADAPTED FROM THE CANADIAN GUIDELINES ON CONCUSSION IN SPORT MEDICAL ASSESSMENT LETTER

PLAYER NAME [REDACTED]

DATE [REDACTED]

To whom it may concern,

Athletes who sustain a suspected concussion should be managed according to the Canadian Guideline on Concussion in Sport. Accordingly, I have personally completed a Medical Assessment on this patient.

RESULTS OF MEDICAL ASSESSMENT

This patient has not been diagnosed with a concussion and can resume full participation inschool, work and sport activities without restriction.

This patient has not been diagnosed with a concussion, but the assessment led to thefollowing diagnosis and recommendations:

[REDACTED]

This patient has been diagnosed with a concussion.

The goal of concussion management is to allow complete recovery of the patient's concussion by promoting a safe and gradual return to work, school and sport activities. The patient has been instructed to avoid all recreational and organized sports or activities that could potentially place them at risk of another concussion or head injury. Starting on [REDACTED], I would ask that the patient be allowed to participate in work, school and low risk physical activities as tolerated and only at a level that does not bring on or worsen their concussion symptoms. The above patient should not return to any full contact practices or games until the provincial union, the team coach and the Club President and Secretary have been provided with the Medical Clearance Letter completed by a medical doctor in accordance with the Canadian Guideline on Concussion in Sport.

OTHER COMMENTS:

[REDACTED]

Thank you very much in advance for your understanding.

Yours Sincerely,

NAME [REDACTED] **M.D./N.P.**

SIGNATURE [REDACTED]

M.D./N.P. CONTACT DETAILS [REDACTED]