



Al Charron Rugby Canada National Training Centre FAQ'S

Why is the Training Centre named after Al Charron?

Mr. Charron made 76 international appearances for Canada, a record he held until June 2017, of which 25 were as captain. Mr. Charron made his debut against Argentina in 1990 and made his final appearance at the 2003 Rugby World Cup against Tonga.

Mr. Charron represented Canada at five Rugby World Cups – four as a player and the fifth as a member of team staff. He was also a member of the inaugural Rugby World Cup Sevens squad in 1993.

Mr. Charron is a proud member of the World Rugby Hall of Fame, the Rugby Canada Hall of Fame, the Eastern Ontario Hall of Fame, the Ontario Rugby Hall of Fame, the Ottawa Sports Hall of Fame, and the Ontario Sports Hall of Fame. He was a well-respected player on and off the pitch both nationally and globally. and was well known for his work rate and uncompromising play as well as his good nature and mutual respect to teammates, opponents and officials alike.

Al 'The Blade' is a true ambassador for the sport of rugby and for Canada.

Where is the Al Charron Rugby Canada National Training Centre located?

The Centre is located in Langford, British Columbia adjacent to Westhills Stadium, further complementing the enhanced resources available to Rugby Canada's national teams.

How big is the building?

The building is two-storeys, and approximately 1,900-square-metres. The facility is capable of training upwards of 60 athletes in the weight room at one time, with additional space for classroom and team meeting sessions, medical treatments and recovery, and nutritional breaks.

Who will train there?

The Centre will serve as the home to all of Rugby Canada's national teams, as well support the training needs of other high performance amateur athletes in the region. The Centre is now in active use by all of Rugby Canada's national teams as they continue preparations for upcoming international competition.

What role will the Centre play in advancing Rugby Canada's programs?

The Centre represents the single largest investment ever made by Rugby Canada in its pursuit to grow the sport in Canada and centralize team operations to create the necessary infrastructure to keep its teams competitive in international competitions. It has been designed to create the

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best daily training environment possible, centralizing all the necessary aspects of high performance training.

Who are the funding partners?

Funding for the capital construction project was made possible with a federal government contribution of \$2,935,250 through the Building Canada Fund – Major Infrastructure Component, repayable contributions of \$2,500,000 from the City of Langford, along with over \$2,600,000 in private donations raised by Rugby Canada to date.

What was the total cost of the project?

The total estimated capital cost of the project is approximately \$7,840,000, including land costs, construction and outfitting of the facility.

What does the Training Centre offer?

The Centre features a state of the art gymnasium featuring elite strength and conditioning equipment, onsite therapy and treatment rooms, hydrotherapy pools, locker rooms, meeting rooms set up for video analysis, kitchen and dining lounge, and three double occupancy bedroom studio units. To build on the legacy of rugby in Canada, the facility will also feature the Rugby Canada Hall of Fame and Museum.

For any further information related to the new brand please contact info@rugby.ca.

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