



Rugby Canada
Medical Department

**PHYSIOTHERAPIST/ATHLETIC THERAPIST, NATIONAL SENIOR WOMENS' XV TEAM RUGBY
DEPARTMENT
JOB DESCRIPTION**

Title: Physiotherapist/Athletic Therapist, National Senior Womens Team

Type of Position: Contract from May-Dec, 2018

Location: Tour Requirement and Regional Camp locations as applicable

Remuneration: Honorarium determined on experience and based on tour/camp length

Rugby Canada (RC) is the national sport organization committed to the domestic development and international success of Rugby for Canada.

OBJECTIVE OF PHYSIOTHERAPIST/ATHLETIC THERAPIST, NATIONAL SENIOR WOMEN'S XV'S TEAM

The Physiotherapist/Athletic Therapist, National Senior Women's Fifteens (NSWXV's) Team has a primary role, under the guidance of the Head Physiotherapist and Head Coach to ensure the optimum injury prevention, rehabilitation and availability of NSWXV's Team players (and other players training at the Canadian Rugby Centre of Excellence) to prepare and succeed on the World Stage (International Tests, Regional Competitions, World Cup, etc.).

ROLE OF PHYSIOTHERAPIST/ATHLETIC THERAPIST, NATIONAL SENIOR WOMEN'S XV'S TEAM

To lead, oversee and manage the overall care of the Rugby Canada NSWXV's Team. When on tour/camp, to be the main provider and lead of professional therapy treatment to Rugby Canada NSWXV's Team players, having full responsibility and accountability for the delivery of the therapy services to the team. Also to oversee their care whilst out of competition, during individual training blocks, and also, as directed by the Head Physiotherapist and Head Coach, to ensure that the players' risk of injury is minimized and their recovery and rehabilitation from injury is maximized.

CORE RESPONSIBILITIES AND PRIORITIES

The Physiotherapist/Athletic Therapist, NSWXV's Team will be responsible for performing the following roles and/or delivering the following outcomes.

- Delivery of therapy services to NSWXV's Team players and on tour/in camp
- Daily Tour Reporting to the IST and Lead Therapist/CMO, and out of competition player availability reports
- Work as part of an integrated support team for the NSWXV's Team



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KEY ACTIVITIES

1. Delivery of therapy services to NSWXV's Team players

- Take full responsibility and accountability for the delivery of therapy services to players including researching and planning for an innovative and best possible service delivery model, and ensuring a timetable is in place to cater for ebbs and flows whilst allowing for the delivery of a high quality service.
- Ensure players receive the highest standard of evidence-based medical services, pre-habilitation and rehabilitation advice and support.
- Facilitate new player intake medicals and medical administration in collaboration with team manager, including PPE, Cardiac Screening, Concussion Baselines, TUE's, etc.
- Attend all NSWXV's Team training sessions and camps, providing taping, and field support. Other than when attending team training sessions, be available for treatments, which may require evenings or weekends as required whilst on tour or during competition as indicated in collaboration with scheduling with the team manager.
- Provide clinical assessment and treatment, including liaising with other support staff, to ensure that all injured Rugby Canada NSWXV's Team and other long-listed players are diagnosed and appropriately treated. Physical testing players as needed and at agreed times to finalize availability
- Maintain comprehensive player records using Smartabase
- Ensuring all medical stock/packing and supplies are accounted for, for tour/camps, and maintenance of any Rugby Canada provided medical and therapy equipment and supplies
- Provision of any match day (tournament) and training camp Physiotherapist/Athletic Therapist services for the NSWXV's Team

2. Work as part of an integrated support team for the NSWXV's Team

- Ensure that the NSWXV's Team Head Coach and service staff are briefed daily on the injury status of players; in consultation with the NSWXV's team Strength and Conditioning staff
- Ensure there is an aligned treatment and rehabilitation program for injured players
- Liaise with other Rugby Canada medical/S&C staff to develop injury prevention strategies/programs
- Contribute to the overall goals of Rugby Canada including helping to drive a culture of excellence for the NSWXV's Team

3. Other Responsibilities

Attend meetings, in person or via Skype, as required. Maintain player records, and up to date medical insurance forms and administration. Undertake ongoing tracking of team medical status, injury surveillance studies and recovery histories. Complete all administrative and compliance documentation as required by governing and or regulatory bodies, or as directed by the Head Physiotherapist. Keep abreast of current research and best practice.



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HIGH PERFORMANCE TEAM and MEDICAL STRUCTURE

Reports to: Head Physiotherapist, and Head Coach

Number of Direct Reports: Any regionally contracted or collaborated therapists who work with the team or individually with the athletes

Works closely with internal staff including: S&C, Chief Medical Officer, Athletes, Head Coach(es), Assistant coaches of the NSWXV's Team and other therapy support staff.

Works closely with external partners including: External therapy and sports medicine providers and consultants, Pacific Institute of Sport Excellence personnel.

DESIRED QUALIFICATIONS / SKILLS / Personal Attributes / Values

The Physiotherapist/Athletic Therapist, NSWXV's Team will be a person who has:

- An ability to work independently without supervision but in accordance with documented policy and procedure guidelines;
- A record of working as a team member, as well as a history of performing in situations that require self leadership and initiative;
- An ability to balance team / athletes needs and goals with those of Rugby Canada;
- A background that displays excellent stakeholder relations and workplace co-operation;

KEY COMPETENCIES

The Physiotherapist/Athletic Therapist, NSWXV's Team will ideally demonstrate a high level of Knowledge, Skills and Abilities in the following areas:

- Knowledge and/or experience of National / International sport that may have been gained from involvement within the game that has required the individual to understand the needs of athletes, coaches, performance environments, etc.;
- Excellent organizational and planning skills;
- Ability to work autonomously;
- Result and Objective measure oriented;
- Computer literacy especially with internet, spreadsheets, word processing;
- Active in research/professional development
- Able to work in a fast-paced, diverse and dynamic environment
- Ability to function under pressure
- Able to deal with issues with professionalism and confidentiality



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EDUCATION and EXPERIENCE

The Physiotherapist/Athletic Therapist, NSWXV's Team has developed a foundation for this position through:

- Registered Therapist with, or eligible to register with, the College of Physical Therapists of their province or Certified Athletic Therapist with maintained status with the Canadian Athletic Therapy Association, and Full practicing insurance
- Orthopaedic/Manual Therapy Post Graduate Certifications
- Acupuncture/Dry Needling/IMS desirable
- A minimum 4 years experience as a practicing therapist working with athletes, and working with teams and in contact sports
- Current First Aid, Red Cross First Responder Certification
- Certificate in Sport Physiotherapy (if applicable) or equivalent experience

Key Availability Requirements: (coverage may be sourced regionally as funding allows)

West CAMP, Victoria, BC - May 23-May 27, 2018

East CAMP, Kingston, ON – May 16-May 20, 2018

FALL Tour International Tests – TBD, November 2018

Please send Applications in the form of a Cover Letter and CV via email to:

Attn: Danielle Mah

Head Physiotherapist, Medical Manager

Subject: Contract Therapist Position – NSWXV's TEAM

At: DMah@rugby.ca

Closing Date: April 15, 2018